



PATIENT POST-OPERATIVE FORM

It is important to protect and provide extra special care for your skin for at least 3-4 days following a Dp4™ procedure. Typically, patients experience 36-48 hours of mild to moderate sunburn in appearance and sensation following their treatment.

During the healing process, minor itching, hives, some flaking, or redness may appear. If symptoms persist, please call your Dermapen™ Authorised Treatment Provider.

Do not pick, squeeze or agitate the skin during the recovery period.

Please avoid the following activities for up to 2 days following a Dp4™ treatment:

- Direct ultra-violet exposure (sun and solariums/sun beds)
- Intensive cardio, exercise or gymnasium regimens
- Excessively hot showers, bathing, spas or sauna
- Further aesthetic treatments (including, but not limited to, microdermabrasion, laser, intense pulsed light, chemical peels, muscle relaxant injections and dermal fillers)
- Spray or self-tanning
- Swimming in chlorinated pools or the ocean
- Tattooing (including cosmetic tattooing)

It is recommended to only use Dp Dermaceuticals protocol products for post-operative care. Your practitioner will most likely suggest:

- **Cleanse:** TRI-PHASE CLEANSER™
- **Serum:** HYLA ACTIVE™
- **Correct/Moisturize:** VITAMIN RICH REPAIR™

Depending on your skin concern and response, your practitioner may also prescribe other targeted products, including SSSCAR™.

Please avoid the use of skin care products containing any of the following active resurfacing ingredients for up to 5 days following a Dp4™ treatment:

- Mechanical exfoliants (scrubs)
- Alpha hydroxy acids (AHAs) (including, but not limited to, glycolic, lactic or malic acid)
- Beta hydroxy acid (BHA) including salicylic acid
- Benzoyl peroxide
- Retinoids (including, but not limited to, tretinoin, adapalene, tazarotene and retinol)
- Hydroquinone
- Bleaching agents
- Alcohol (including, but not limited to, isopropyl alcohol/de-natured alcohol/rubbing alcohol)

Your regular Dp Dermaceuticals regimen may be altered by your practitioner, according to your individual needs and skin condition.

If in doubt with any of the above activities or products, please call your Authorised Treatment Provider for clarification. For any isolated, adverse reactions, seek medical assistance.

